

Packing List for Mixed Weather Climate

Clothes:

(Make sure all tops match all bottoms or close to it)

- 7 short sleeve tops
- 2 tank-tops to go under other clothes
- 2 long sleeve tops
- 1 zip up hoodie or light jacket
- 3 pair of socks
- 10 pair under garments
- 2 sports bras
- 1 pair light pants or jeans
- 3 pair shorts
- 1 pair lounge pants
- 3 pair gym shorts/soft shorts
- 1 rain jacket
- 1 pair gym shoes
- 3 swimsuits
- 2 pair sandals
- 1 beach wrap

Toiletries:

- toothbrush & cover
- toothpaste
- Meds (prescription, anti-diarrheal-if in a country that needs it, & tylenol)
- hair straightener
- 2 bottles 3oz body wash
- 3oz shampoo
- 3oz conditioner
- 3oz squirt hairspray
- foundation
- blush
- powder
- mascara
- makeup brushes
- 1 bath towel
- 1 beach towel
- nail file
- tweezers

Long-Haul:

- noise-cancelling headphones
- blow-up neck pillow
- sleep meds
- iPad
- chargers
- sunglass carrier with clip
- sun-glasses
- Passport
- adaptor for devices