

Packing List for Cold Weather Climate

Clothes:

(Make sure all tops match all bottoms and long sleeve tops aren't too heavy b/c you can layer)

- 1 thermal long sleeve top
- 1 short sleeve t-shirt
- 2 tank-tops to go under other clothes
- 6 long sleeve tops
- 1 leather type jacket
- 1 zip up hoodie to go under jacket
- 7 pair of socks
- 10 pair under garments
- 2 bras
- 3 pair jeans
- 1 pair longe pants
- 1 pair gym shorts
- 1 pair cotton gloves
- 1 rain jacket
- 1 pair gym shoes
- 1 pair uggs
- 1 swimsuit
- 1 wetsuit 6mm (if its too cold to surf without it)

Toiletries:

- toothbrush & cover
- toothpaste
- Meds (prescription, anti-diarrheal-if in a country that needs it, & tylenol)
- hair straightener
- 2 bottles 3oz body wash
- 3oz shampoo
- 3oz conditioner
- 3oz squirt hairspray
- foundation
- blush
- powder
- mascara
- makeup brushes
- 2 bath towels
- nail file
- tweezers

Long-Haul:

- noise-cancelling headphones
- blow-up neck pillow
- sleep meds
- iPad
- chargers
- sunglass carrier with clip
- sun-glasses
- Passport
- adaptor for devices